



ACCG
Association County Commissioners of Georgia

GEORGIA MUNICIPAL ASSOCIATION

Safety Bulletin

Coworker Injured?



What Would You Do?

Acting in an Emergency

Workplace emergencies happen. A co-worker is injured, someone has a heart attack, or someone has fallen and is not responsive. What do you do?

The National Safety Council's First Aid/CPR program has four goals and six steps they say you should take in all emergencies.

The four goals are to:

1. Keep the victim alive.
2. Prevent the victims condition from getting worse.
3. Give first aid until help arrives.
4. Ensure the victim receives any needed medical care.

Knowing the goals is important, but taking the necessary steps helps ensure the goals are met. The six steps you should take in all emergencies are:

1. Recognize that there is an emergency.
2. Check the scene for safety (do not put yourself in danger).
3. If the person is responsive (can talk or acknowledge you), obtain their consent to help, then check the person.
4. Call 9-1-1 when appropriate.
5. Care for the person.
6. Have the person seek additional medical attention when appropriate.

Follow these steps in all emergencies.

After recognizing the emergency, check the scene for safety before approaching the victim. Always check the victim first for breathing and responsiveness. Call 9-1-1 immediately if there is a threat to the victim's life or if you are not sure, then care for the victim until help arrives. If it is needed, encourage the victim to seek additional medical care.

If on the job, make sure the injury is reported to a supervisor and to the Georgia Municipal Association or the Association County Commissioners of Georgia Workers' Compensation Claims offices, as appropriate.

You can get certified first aid and CPR training through the American Red Cross, American Heart Association, the National Safety Council, and many other organizations. It is better to have the knowledge and training and not need it than to need it and not have it.

